



School: \_\_\_\_\_



# School Cycling Policy

Limerick Smarter Travel School Project

\_\_\_\_\_ recognises the many positive benefits of pupils cycling to and from school. We therefore look to encourage this form of travel behaviour in as many ways as possible.

Some of the benefits of cycling to school include:

- Improving health through physical activity.
- Establishing positive active travel behaviour.
- Promoting independence and improving safety awareness.
- Reducing congestion, noise and pollution in the community.
- Reducing environmental impact of the journey to school.

To encourage as many pupils to cycle to school as we can, the School will:

- Actively promote cycling as a positive way of travelling.
- Celebrate the achievements of those who choose to cycle to school.
- Provide cycle storage on the school site.
- Provide high quality cycle training to all pupils who wish to participate.

To make cycling to and from school a positive experience for everybody concerned, we expect our pupils to:

- Ride sensibly and safely and to follow the rules of the road
- Take responsibility for checking that their bicycle is roadworthy and regularly Maintained (M Check)
- Behave in a manner which shows them and the school in the best possible light and to consider the needs of others when cycling.
- Consider wearing a cycle helmet.
- Ensure they can be seen by other road users, by using bicycle lights and wearing high-visibility clothing, as appropriate.

For the well-being of our pupils, we expect parents and carers to:

- Encourage their child to take up opportunities to develop their competence and confidence in cycling.
- Provide their child with the appropriate safety equipment such as high-visibility clothing, bicycle lights and cycle helmet as appropriate.
- Ensure that the cycles ridden to school are roadworthy and regularly maintained.
- Complete the cycle permit giving permission for the child to cycle to school and store their bicycle in the provided space.

The decision as to **whether a child is competent to cycle to and from school safely rests with the parents/carer** and the school has no liability for any consequences of that decision. Parents are advised to take out appropriate insurance cover as the school's insurance does not cover loss or damage to bicycles.

Signed \_\_\_\_\_ Principal  
Signed \_\_\_\_\_ Travel Coordinator



School: \_\_\_\_\_



# School Cycling Permit

Limerick Smarter Travel School Project

Name of Pupil.....Date of Birth.....

Cycle make..... Model.....

Cycle colour.....Features.....

Conditions for cycling to \_\_\_\_\_

1. Ensure the bicycle is in good working order, well maintained and the correct size
2. To fit the bicycle with a bell and a working light
3. To wear hi-visibility clothing and to consider wearing a helmet (labelled)
4. To provide a lock to secure the bicycle during school times
5. To note that all bicycles and helmets are brought and stored on the school grounds at the owners risk.
6. To complete the permit form indicating that you are giving your child permission to cycle.

We recommend that any child that has not undertaken cycle training with the Local Garda Siochana or are under the age of 11 to be accompanied by a responsible adult.

I accept the above conditions and request permission for ..... (my child) to cycle to school and to be given access to the available cycle parking.

Signed.....  
Parent/Guardian

Print Name.....

Date.....